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Seal Press originally published *Helping Her Get Free* with the title *To Be an Anchor in the Storm*. The survivor of an abusive relationship herself and a licensed counselor of abused women for more than a decade, Susan Brewster teaches readers how to recognize the signs of abuse, handle negative feelings, become an effective advocate, deal with the abuser, and more.

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Helping Her Get Free: A Guide for Families and Friends of ...

Helping Her Get Free (Paperback) A Guide for Families and Friends of Abused Women. By Susan Brewster. Seal Press, 9781580051675, 272pp. Publication Date: January 2, 2006

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Seal Press originally published &quot;Helping Her Get Free&quot; with the title &quot;To Be an Anchor in the Storm.&quot; The survivor of an abusive relationship herself and a licensed counselor of abused women for more than a decade, Susan Brewster teaches readers how to recognize the signs of abuse, handle negative feelings, become an effective advocate, deal with the abuser, and more. With ...

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Help, Advice & Support for Separated Fathers

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