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life long dream was
to compete in the
1988 Olympics -
until anorexia,
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Allentown at Parkettes, where Sey competed as an elite and where, in 1986, she became national champion, the pinnacle of her competitive success.

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Chalked Up delivers an unforgettable coming-of-age story that will resonate with anyone who has ever felt not good enough and has finally come to accept who they were meant to be.

About the Author

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The 1986 national
gymnastics
champion and a
seven-time U.S.

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member, Jennifer
Sey is a graduate
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Written by an elite athlete, not a journalist, Jennifer Sey's *Chalked Up* finally fills this void. She painstakingly renders her unlikely rise to gymnastics superstardom and subsequent fall into depression and obscurity.

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another Olympics
opened. Athletes
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China, to compete
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are ...

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“All I could think was: Why are we celebrating this?” says Jennifer Sey, author of *Chalked Up: Inside Elite Gymnastics*, as she narrates the sequence. “Don’t pretend she had a choice ...

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Dreams. The memoir delved into her experiences in the sport; Sey was frank in talking about abuse—physical, emotional, psychological, sexual—that she experienced or witnessed during her years as an

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